

My Life

Personal, Family, Spiritual, Creative, Physical

* * * Weekly Aspirational Sheet * * *

Beginning Monday, _____ Ending Sunday, _____

Aspirations I will fulfill:

#1 Personal/Family
(The Most Important)

#2 Spiritual/CHP
(Faith + Share My Blessings)

#3 Creative
(Real Estate/Writing/Filming)

#4 Physical
(Exercise + Heal)

Goals & Objectives

#1			
#2			
#3			
#4			
#5			

Other Priorities to Consider:

Remember: Transfer Aspirations to Weekly Calendar & Summarize Execution Progress